

Fun & Creative  
Outdoor  
Activities for  
Kids Age 5 and  
Above

# KIDS CLUB COMPANION

## HANDOUTS AND HELP FOR YOUR KIDS CLUB

The companion to the e-book "The  
Complete guide to kids clubs."



AVAILABLE  
AT  
[WWW.OCEANGAMES  
.BIZ](http://WWW.OCEANGAMES.BIZ)

### ACTIVITIES:

- Treasure Hunts
- Games
- Arts & Craft
- Jokes
- Murder mysteries
- Charades
- Programmes



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# CONTENT



Scavenger Hunts

page 2

Salt and Pepper

page 4

The M&M game

page 6

Would you rather

page 7

Dad jokes

page 8

Mysteries

page 10

Brain teasers

page 12

Programs

page 13



# Holiday

## SCAVENGER HUNT

SCOOTER

GOLF STICK

WATER BALLOON

FISHING ROD

CICARDA

FLOWER

SHELL

GREEN LEAF

POP TOP CARAVAN

CAMPERVAN

BICYCLE

CAMPING CHAIR

SURF BOARD

KIDS TOY

SMOOTH ROCK

BLUE CAR

BOAT

PLAY GROUND

UMBRELLA

MUSICAL INSTRUMENT

TOWEL

ROOF TOP TENT

# NATURE HUNT

Name: \_\_\_\_\_

## SMELL

Find a sweet smell you like

Find a flower with a scent

## SIGHT

Find something yellow

Find something long

Find something round

Find something with a pattern

Find something colourful

Find something light

## TOUCH

Find something that is prickly

Find something that is cold

Find something that is smooth

Find something that is gooey



## TASTE

Find something that an animal could eat

Find something sweet

## SOUND

Find something that crunches

Find evidence of a creature that makes a noise.

Find something that you can play like an instrument

# SALT AND PEPPER

Salt	Pepper
All	None
Dark	Light
Better	Worse
Moon	Sun
Sickness	Health
Plus	Minus
Rich	Poor
Good	Bad
Death	Life
Calm	Windy

# SALT AND PEPPER

Bottom	Top
Front	Back
Blunt	Sharp
Come	Go
Cruel	Kind
Noisy	Silent
Float	Sink
Love	Hate
Empty	Full
High	Low
Busy	Lazy

# THE M&M GAME



What is something you did this weekend?  
What is something that you love to do?  
What is something that you are good at?



What is your favourite book or movie?  
What is your favourite food?  
What is your favourite school subject?



Where would you go if you could travel anywhere? Would you prefer to time travel to the future or the past?



What superpower would you like to have?  
Describe your perfect day.  
Tell us about your hero?



What sports or hobbies do you do?  
What music do you like to listen to?  
What do you want to be when you grow up?



What is something you can't live without?  
What is something you want to learn?  
What is something that you can't stand?

# WOULD YOU RATHER

- 1) Would you rather travel to the past or travel to the future?
- 2) Would you rather find true love or win the lottery
- 3) Would you rather be 11 feet tall or nine inches tall?
- 4) Would you rather lose your memories or your hearing?
- 5) Would you rather vomit on your hero or have them vomit on you?
- 6) Would you rather be royalty a thousand years ago or an average person today?
- 7) Would you rather live by the ocean or live in the country?
- 8) Would you rather be always cold or always hot?
- 9) Would you rather speak to animals or know other people's thoughts?
- 10) Would you rather live in a real haunted house or in the middle of a desert?
- 11) Would you rather be super strong or have x ray vision?
- 12) Would you rather be the smartest person or the funniest person?
- 13) Would you rather lose access to social media or have free wi fi for the rest of your life?
- 14) Would you rather have the ability to fly or be invisible?
- 15) Would you rather be poor and work at a job you love, or rich and work at a job you hate?
- 16) Would you rather be in your pyjamas or a suit all day every day?
- 17) Would you rather eat pizza or ice cream as your one meal for the rest of your life?
- 18) Would you rather give up your phone or only wear Crocs for the rest of your life?



# DAD JOKES

"1) What do you call a factory that makes okay products?

" A satisfactory."

2) "What did the ocean say to the beach?" "Nothing, it just waved."

3)"I only know 25 letters of the alphabet. I don't know y."

4)"What did the zero say to the eight?" "That belt looks good on you."

5)"What does a sprinter eat before a race?" "Nothing, they fast!"

6)"What has more letters than the alphabet?" "The post office!"

7)"Why couldn't the bicycle stand up by itself? It was two tired."

8)"What did one hat say to the other?" "Stay here! I'm going on ahead."

9)"How do you make 7 even?" "Take away the s."

10)"Why didn't the skeleton climb the mountain?" "It didn't have the guts."

11) "I have a joke about chemistry, but I don't think it will get a reaction."

12) "Did you hear about the kidnapping at school? It's okay, he woke up."

13) "I once had a dream I was floating in an ocean of orange soda. It was more of a fanta sea."

14) "If a child refuses to nap, are they guilty of resisting a rest?"

15)"Where do fruits go on vacation?" "Pear-is!"

16) What's a vampire's favourite ship? A blood vessel.

# MYSTERIES

The following mysteries take lots of lateral thinking and are best used for highschoolers. All questions asked can only be answered with a Yes or No. Answers are on the next page.

- 1) A man eats dinner, goes up to his bedroom, turns off the lights, and goes to sleep. In the morning, he wakes up and looks outside. Horrified at what he sees, he hurls himself out his window to his death. Why does he do this?
- 2) A Japanese boat was stuck in water because of the storm, and after the storm, the captain was found dead. The engineer was busy fixing the signals, the cook was managing the wine barrels, the wife went to the room, and the maid was fixing the upside-down turned flag. Who killed the captain?
- 3) A man is found hanging in a room four feet off the floor. There is nothing else in the room except for a large puddle of water below him. The police do not see anything the man would have climb on to hang himself. Did he commit suicide and, if so, how did he do it?
- 4) A man and his wife break down in their car. He leaves to get help and locks the car up with his wife safely inside. When he returns his wife has died and there is someone else in the car. How did she die?
- 5) A woman is found dead in a field. There are no tracks leading in and no one around. The only thing found is a backpack. How did she die?
- 6) Two men are found dead in a cabin in the woods. There is no evidence of foul play. How did they die?
- 7) A women goes up to a Motel and immediately she knows she has lost all her money. Why is this the case?

# MYSTERIES ANSWERS

1). The man was a lighthouse operator. He wasn't supposed to turn off his lights. When he wakes up in the morning, he sees a giant ship that has crashed into the land, causing much catastrophe. Unable to go on, he decides to take his own life.

2) The maid. A Japanese flag is the same from all sides, with a red dot in the center of a white background.

3) He stood on a block of ice and put the noose around his neck. Once the ice melted, he was hung, and all that was left was a puddle of water on the floor

4). The wife was pregnant. While her husband was away she gave birth in the car but died in the process. The other person is the baby.

5). The woman was parachuting and the parachute failed to open. The backpack is the failed parachute.

6). The men are pilots and the cabin is the cockpit of the aeroplane. They crashed in the woods.

7). The woman was playing monopoly. She has moved to a hotel that somebody else owns and lost all her money

# BRAIN TEASERS

- 1) How many 9s between 0 and 100?
- 2) In a year, there are 12 months. Seven months have 31 days. How many months have 28 days?
- 3) Jimmy's mother had four children. She named the first Monday. She named the second Tuesday, and she named the third Wednesday. What is the name of the fourth child?
- 4) What is full of holes but can still hold water?
- 5) Give me food, and I will live; give me water, and I will die. What am I?
- 6) Which travels faster? Hot or Cold?
- 7) A cowboy gallops into town on Monday, stays for two days, and leaves town on Monday. How can this be?
- 8) What can be found once in a minute, twice in a moment, and never in a thousand years?
- 9) The more it dries the wetter it gets. What is it?
- 10) What is yours that other people use more than you?
- 11) What has a head and a tail but no body?
- 12) What goes up but never comes down?
- 13) What starts with an "e", ends with an "e", but only contains one letter?
- 14) You leave home and go to your right. You reach a corner and turn left. You reach another corner and turn left again. You reach another corner and turn left again and go home. When you get there, there is a person with a mask there waiting for you. What's happening?
- 15) The one who makes it, has no need of it. The one who buys it, has no use for it, the one who uses it can neither see nor feel it. What is it?
- 16) What always runs, but never walks, often murmurs, never talks, has a bed, but never sleeps, has a mouth, but never eats?

# BRAIN TEASER ANSWERS

- 1). 20
- 2) They all do
- 3) Jimmy, because Jimmy's mother had four children!
- 4) A sponge
- 5) Fire
- 6) Hot is faster, because you can catch a cold.
- 7) His horse's name is Monday
- 8) The letter M
- 9) A towel
- 10) Your name
- 11) A coin
- 12) Age
- 13) envelope
- 14) You are playing baseball
- 15) Coffin
- 16) A river

# Monday

Time	Activity Category	Activity name	Explanation	Equipment needed
10:00am	Ice Breakers(20 minutes)	M&M game Would you rather	Get kids assembled on the floor in a circle. Follow the instructions on p 6 of Complete guide to kids club ebook, on website.	Print out the M&M activity on p 6 of this booklet and the Would you rather activity on p7
10:20am	Energetic game(25 minutes)	Shoe madness	p 13 of the Complete guide to kids club ebook.	Empty plastic bottle, Kids shoes
10:45am	Morning break(15 minutes)			
11:00am	Craft / Quiet activity(30 minutes)	craft plates	Make Craft paper plates with glue and stencils.	Craft plates are in the Kids club kit and available to buy at; <a href="http://oceangames.biz">oceangames.biz</a>
11:30am	Energetic group game(30 minutes)	Sardines / Camouflage	p 37 of the Complete guide to kids club ebook.	A large area with defined boundaries

# Tuesday

Time	Activity Category	Activity name	Explanation	Resources
10:00am	Ice Breakers(15 minutes)	Dad jokes Mysteries	Use examples on p8-9 of this booklet. Have kids come up with their own.	This booklet
10:15am	Energetic game(25 minutes)	Pirates Treasure	p 22 of the Complete guide to kids club book.	Cones or markers and small bean bags or other objects as treasure.
10:40am	Morning break(20 minutes)			
11:00am	Craft / Quiet activity(30 minutes)	Rock Pets	Make pets with shells and rocks by painting and glueing felt.	Rock Pets are in the Kids club kit and available to buy at; <a href="http://oceangames.biz">oceangames.biz</a>
11:30am	Energetic group game(30 minutes)	Across the Valley	p 25 of the Complete guide to kids club ebook.	Frisbee or Soccer ball. Water balloons optional

# Wednesday

Time	Activity Category	Activity name	Explanation	Resources
10:00am	Ice Breakers(20 minutes)	Salt and pepper, Two truths and a lie.	As kids come in give them one of the slips of paper from the Salt and Pepper game. When they find their pair sit down. Then play two truths and a lie. Full explanation on p4 of the Complete Kids club ebook.	Print out the Salt and pepper activity on p 4 and 5 of this booklet
10:20am	Energetic game(25 minutes)	Cup Pong, Racing Cups	p 11 and 12 of the Complete guide to kids club ebook.	30 cups, 4 pingpong balls,2 flying animals
10:45am	Morning break(15 minutes)			
11:00am	Craft / Quiet activity(30 minutes)	Scratch Art	Kids design their own patterns on scratch pad provided. Have competition and themes. Maybe use them to crate thank you or appreciation cards for their family	Scratch Art is in the Kids club kit and available to buy at; <a href="http://oceangames.biz">oceangames.biz</a>
11:30am	Energetic group game(30 minutes)	Capture the flag Capture the fris	p 30 and p33 of the Complete guide to kids club ebook.	frisbee, cones, 2 flags (shirts)



# Thursday

Time	Activity Category	Activity name	Explanation	Resources
10:00am	Ice Breakers(20 minutes)	Human knots and Lines	Follow instructions on page 8 and 9 of the complete kids club guide ebook.	Nothing
10:20am	Energetic game(25 minutes)	Scavenger Hunt in pairs	Kids break up into groups and search for selected items. See full explanation on p5 of The Complete guide to kids club ebook.	Scavenger hunt sheet can be photocopied on p2 and 3 of this booklet
10:45am	Morning break(15 minutes)			
11:00am	Craft / Quiet activity(30 minutes)	Sand Art	Kids take a sheet and use coloured sand to make colour the pattern.	Sand Art is in the Kids club kit and available to buy at; <a href="http://oceangames.biz">oceangames.biz</a>
11:30am	Energetic group game(30 minutes)	End ball Fresher	p 24 and 31 of the Complete guide to kids club ebook.	Frisbee and Soccer ball. Water balls optional.

# Friday

Time	Activity Category	Activity name	Explanation	Resources
10:00am	Ice Breakers(20 minutes)	1. Drip Drip Drop (Duck Duck Goose). 2.The chocolate game.	1.Sit in a circle. Play duck duck goose but with a wet ball or cup. Drip drip drop.(pour water on person) 2. Sit in circle. Roll a dice. If you roll a 6, put on clothes items and eat chocolate with knife and fork until next person rolls 6.	Sponge water balls or waterbombs.  Large block of Chocolate, a knife and fork, some fancy dress items and dice
10:20am	Energetic game(25 minutes)	Papers, scissors Rock	p 28 of the Complete guide to kids club ebook.	15-20 Hoops or cones
10:45am	Morning break(15 minutes)			
11:00am	Craft / Quiet activity(30 minutes)	Felt Art	Kids create a sea creature using cotton balls and felt to sew together	Felt Art is in the Kids club kit and available to buy at; oceangames.biz
11:30am	Energetic group game(30 minutes)	There and back Run the Gauntlet	p 26 and 27 of the Complete guide to kids club ebook.	6 Dodgeballs

# Saturday

Time	Activity Category	Activity name	Explanation	Resources
10:00am	Ice Breakers(20 minutes)	Who am I	Kids write on a sticker a person who would be known by the group. ie someone famous or local. Stick it on another players forehead. Players go around asking Yes/No questions to each other until they discover who they are.	Small stickers or post it notes. Texters.
10:20am	Energetic game(25 minutes)	44 homes Red rover cross over	p 32 and 34 of the Complete guide to kids club ebook.	A large area
10:45am	Morning break(15 minutes)			
11:00am	Craft / Quiet activity(30 minutes)	Activity Pad	There are a wide range of activities to do in this booklet. Maybe hold a competition and give prizes for those working the best.	Activity Pad is in the Kids club kit and available to buy at; oceanames.biz
11:30am	Energetic group game(30 minutes)	Dodgeball Asteroids	p 20, 23 of the Complete guide to kids club ebook.	6 Dodgeballs.

# Sunday

Time	Activity Category	Activity name	Explanation	Resources
10:00am	Ice Breakers(20 minutes)	Everybody who is	p 7 of the Complete guide to kids club ebook.	Nothing
10:20am	Energetic game(25 minutes)	Shoe madness	p 13 of the Complete guide to kids club ebook.	Shoes / Plastic bottle
10:45am	Morning break (15 minutes)			
11:00am	Craft / Quiet activity(30 minutes)	Mosaic Art	Use stickers to create a picture from the stencil provided	Mosaic Art is in the Kids club kit and available to buy at; <a href="http://oceangames.biz">oceangames.biz</a>
11:30am	Energetic group game (30 minutes)	Musical chairs- Dragons Tail	p 18 and 21 of the Complete guide to kids club ebook.	Chairs / music / braids or tea towels (tails)